

# **The PE, School Sport and Physical Activity Webinars**

## **Youth Sport Trust – Well Schools Initiative**

**Delivered by Rebecca D'Arcy**

**Hosted by the One Network**

This webinar is being recorded



# Housekeeping

- Please add your name, role and school in the chat box upon entering the webinar.
- All microphones will be muted.
- There will opportunities to ask questions throughout. Please add your question in the 'chat box' as there will be time at the end of the webinar where your question can be asked.
- The webinar is being recorded. If you have any questions about this please contact [schools@activelincolnshire.com](mailto:schools@activelincolnshire.com)



# One Network

**A collaboration of not-for-profit organisations seeking to increase the quality and quantity of physical activity, PE, play, community & school sport**

## **We:**

- Support and give advice on PE & School Sport Premium good practice
- Help translate the new PE & School Sport Action Plan and new Ofsted Framework into good practice
- Support with county CPD (targeted)
- Signpost to appropriate local and national organisations & deliverers
- Advocate the integration of and importance of PE, school sport and physical activity in wider agendas and plans





Hello



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# Why Well Schools?

**10%**

of 11-16-year-olds  
have a diagnosable  
mental health issue

**28%**

of 16-year-olds on free  
school meals achieve  
5 A\*-C grades at  
GCSE

**30%**

of 5-year-olds are not  
achieving a good level  
of development

**24%**

of 5-16-year-olds do  
not feel positive about  
their future

**33%**

of year 6 pupils are  
overweight or obese

**13%**

of 16 year-olds are not  
in education, training  
or employment



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# The Facts?

**80%**

of teachers have  
considered leaving the  
profession

**73%**

of parents would prefer  
to send their child to a  
'happy' school

**84%**

of school leaders' class  
themselves as  
stressed and/or  
anxious

**82%**

of teachers state the  
focus on exams  
outweighs wellbeing



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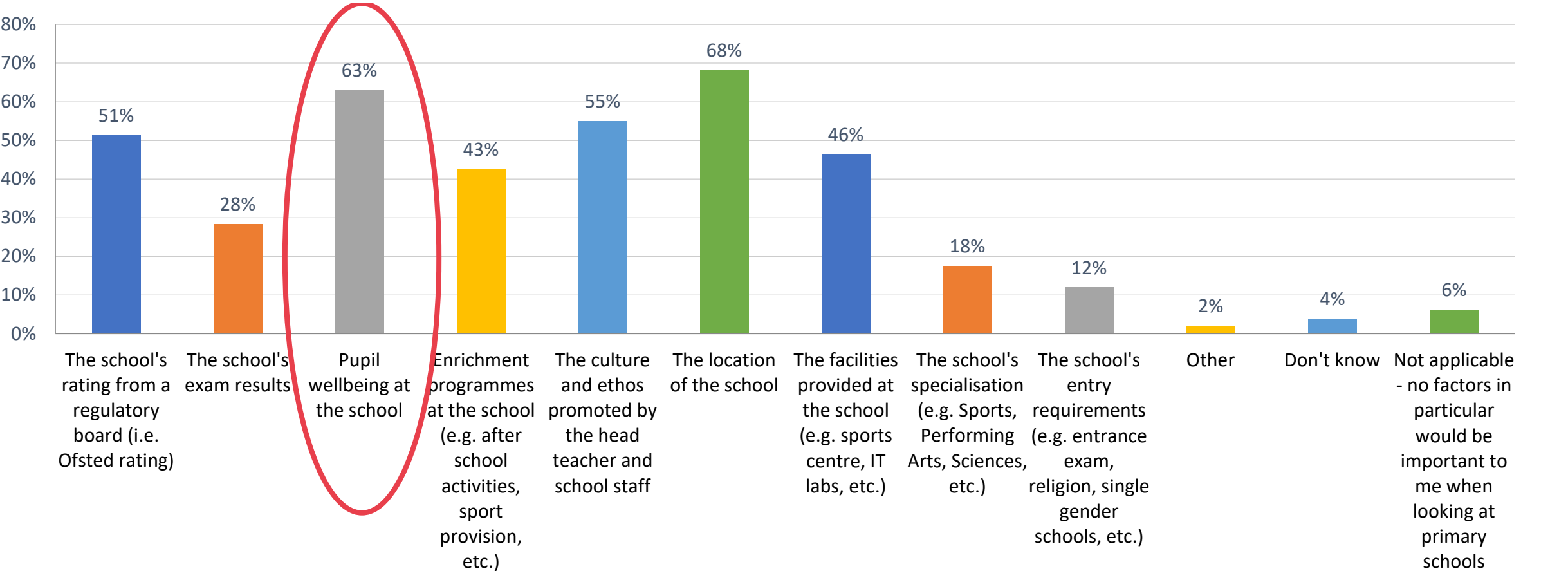


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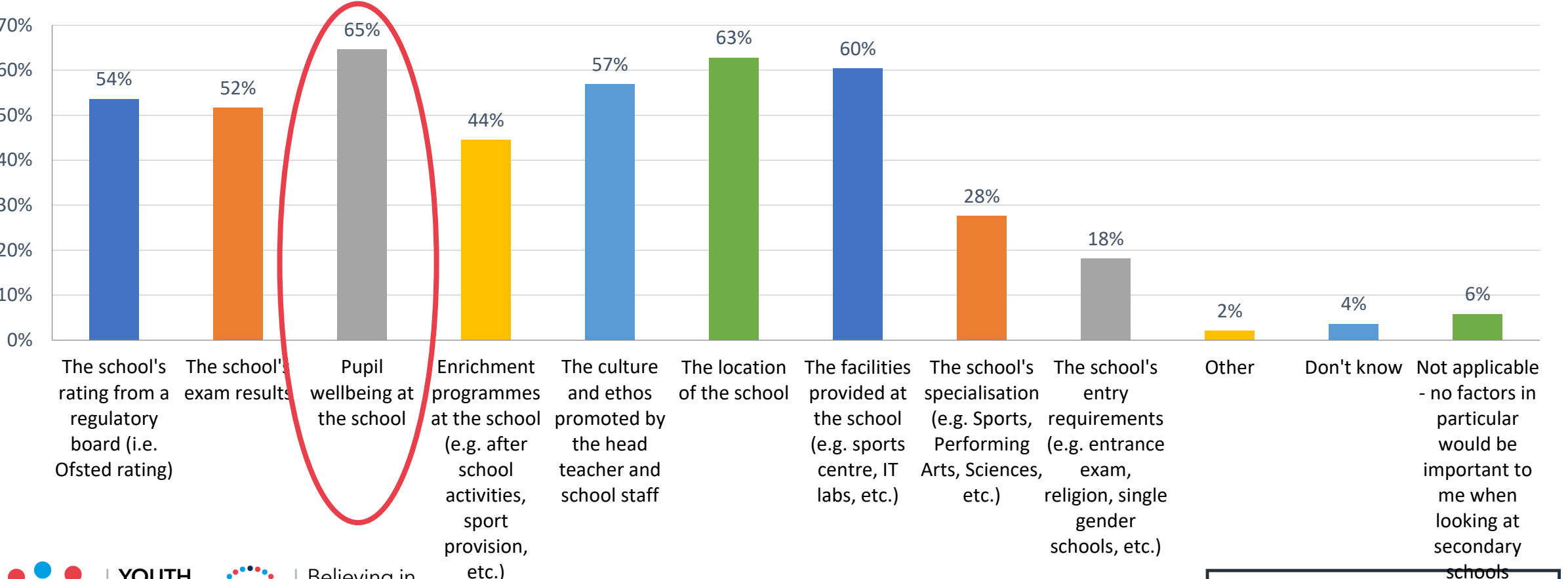
# What do parents look for when selecting a Primary School?

For the following question, please imagine you were looking at primary schools for your child to attend. In general, which, if any, of the following factors would be most important to you when looking at primary schools for your child to attend? (Please select all that apply)



# What do parents look for when selecting a secondary school?

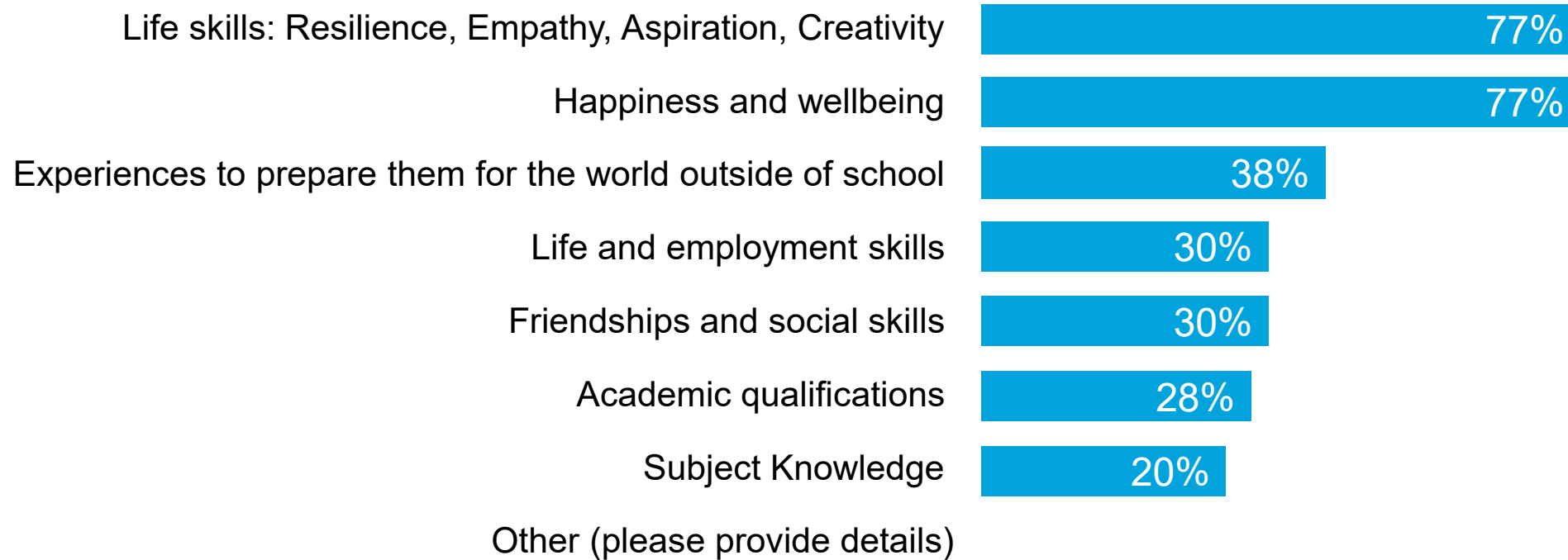
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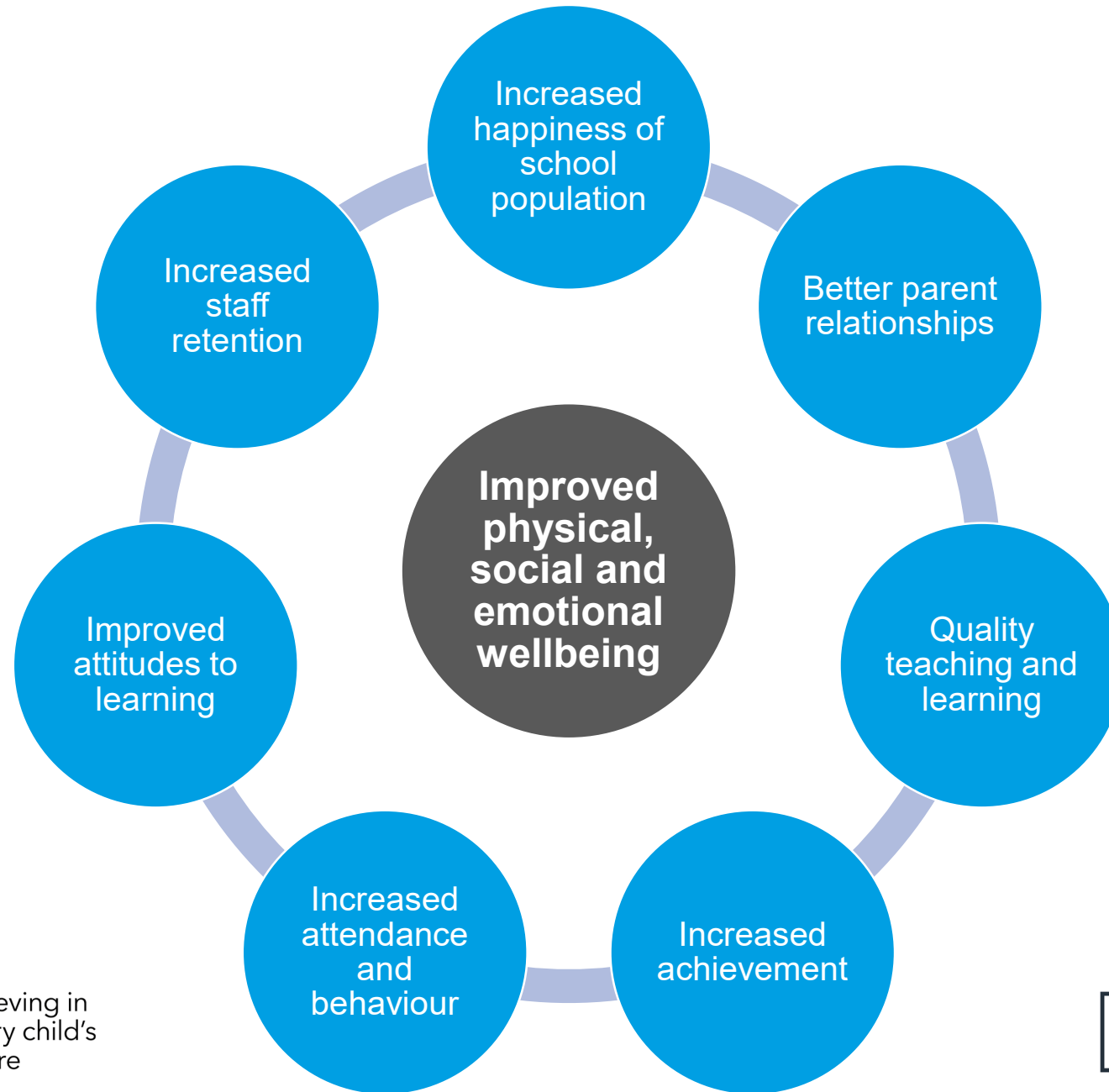


# What teachers tell us?

**What are the most important 3 things that a young person should gain from school?**



# Why not?



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# What is a Well School?

A movement of schools committed to the wellbeing of staff and students at the heart of great teaching, learning and outcomes which are essential to young people's lives.

Well Schools work together to drive change in their school and across the UK

A Well School makes a promise to students and staff, and hold themselves to account against pillars of a Well School:



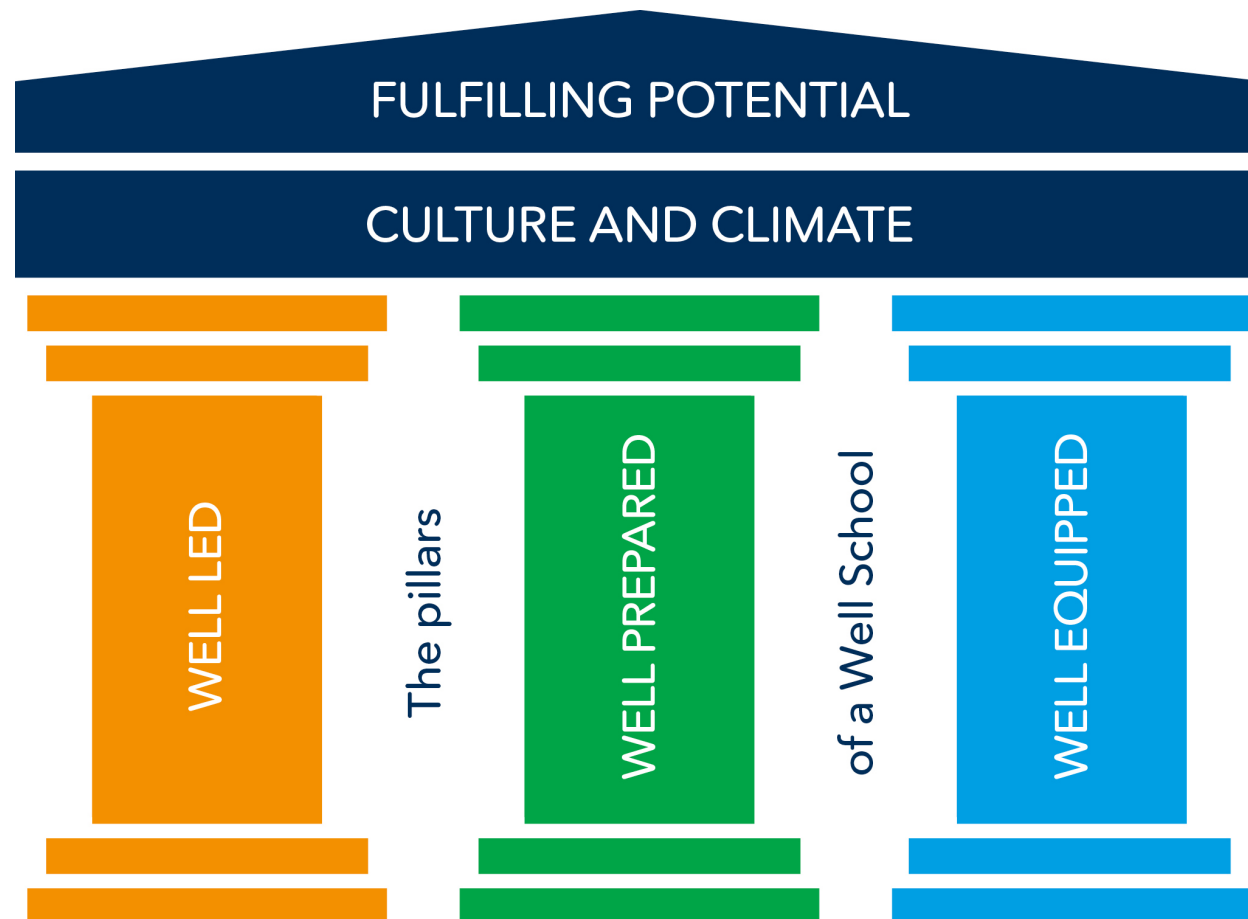
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# The Well School Model



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# Well School -How



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## WELL SCHOOL

Putting wellbeing at the  
heart of every school.



Join the conversation today, and  
together we can put wellbeing at  
the heart of every school –  
visit the link below to register.

[www.youthsporttrust.org/  
wellschool](http://www.youthsporttrust.org/wellschool)

## WELL SCHOOL





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# Partnership at the Heart

- Powered by Youth Sport Trust and Bupa UK foundation
- The biggest partnership will be a national network of likeminded schools prepared to share
- We will also work with charities and not-for-profits organisations to ensure easy access to the wide variety of resources
- We are working closely with ASCL and NGA, and a range of specialist wellbeing partners

“Never doubt that a small group of thoughtful, committed, citizens can change the world. Indeed, it is the only thing that ever has.”

— **Margaret Mead**



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[www.well-schools.org](http://www.well-schools.org)

# Any Questions?



# One Network

Email

[schools@activelincolnshire.com](mailto:schools@activelincolnshire.com)

Resources and Information

[www.activelincolnshire.com/sport/children-young-people/primary-school-support/](http://www.activelincolnshire.com/sport/children-young-people/primary-school-support/)

[www.activelincolnshire.com/keeping-children-active-home/](http://www.activelincolnshire.com/keeping-children-active-home/)